



# Adherence Monitoring Solutions: Choose the Right Level of Support

Participant non-adherence and missing data drive protocol deviations, higher costs, and delayed timelines. Our ActiTrack™ adherence monitoring solutions helps study teams detect issues early, take action, and protect data quality—from high-level oversight to near real-time intervention.

Study Need / Challenge	ActiTrack Adherence Monitoring	ActiTrack Enhanced Adherence Monitoring
Identify participants at risk for non-adherence	✓ Retrospective (24-48 hours) visibility into adherence trends and gaps	✓ Detect issues as they emerge in near real time with hourly data visibility
Reduce missing data before it impacts study outcomes	✓ Highlights low adherence and incomplete data for follow-up	✓ Enables earlier intervention to prevent missing data, provides participant adherence as well as device and data collection status
Support proactive study team intervention	✓ Actionable reports guide targeted mitigation	✓ Configurable automated alerts and participant engagement enable immediate action
Minimize operational burden for sites and study teams	✓ Automated reporting aligned to protocol schedules	✓ Centralized dashboard and visit-based prioritization reduce manual review
Manage complex study designs and visit schedules	✗ Best suited for straightforward protocols and continuous wear periods	✓ Designed for complex protocols and multi-visit studies with EDC system integration
Engage participants at the right time	✗ Daily adherence reporting, indirect participant support via site staff follow-up	✓ Direct, automated participant reminders with configurable messaging
Scale globally across languages and regions	✗ Limited	✓ Multilingual participant communication for global trials. Site interface is US English.
Strengthen statistical analysis and regulatory readiness	✓ Improves data completeness	✓ Maximizes data capture to support robust analyses and submissions
Ideal Solution for	Studies needing clear adherence oversight and trend analysis	Studies requiring near real-time intervention and regulatory-grade rigor

